

## FOLSOM WRESTLING

### 2008-2009 VARSITY SCHEDULE

Day	Date	Opponent/Tournament	Place	Time	Results
<b>Tues</b>	<b>Nov. 25</b>	<b>Red/Blue Intrasquad</b>	<b>FOLSOM</b>	<b>5:00 PM</b>	
Wed	Dec. 3	Scrimmage vs. Ponderosa/Casa Roble	Casa Roble	5:00 PM	
Fri/Sat	Dec. 5/6	Stu Rhodes Invitational	Fairfield	All Day	
Sat	Dec. 13	Curt Mettler Invitational	Elk Grove	All Day	
<b>Sat</b>	<b>Dec. 20</b>	<b>Jailbreak Duals</b>	<b>FOLSOM</b>	<b>All Day</b>	
Mon/Tues	Dec. 29/30	Sierra Nevada Classic	Reno, NV	All Day	
<b>Wed</b>	<b>Jan 7</b>	<b>Vista Del Lago</b>	<b>FOLSOM</b>	<b>6:00 PM</b>	
Fri/Sat	Jan. 9/10	Lloyd C. Engel Tournament	Escalon	All Day	
Fri/Sat	Jan. 9/10	Doc Buchanan Invitational	Clovis	All Day	
Wed	Jan. 14	*Jesuit & Pleasant Grove*	Jesuit	4:00 & 6:30 PM	
Fri/Sat	Jan. 16/17	Five Counties Invitational	Fountain Valley	All Day	
Sat	Jan. 17	Mark Fuller Invitational	Lincoln	All Day	
Wed	Jan. 21	*Monterey Trail*	Monterey Trail (EG)	6:00 PM	
Fri/Sat	Jan. 23/24	Foothill Invitational (T. Brown Mem.)	Memorial Auditorium	All Day	
<b>Wed</b>	<b>Jan. 28</b>	<b>*Sheldon &amp; Florin*</b>	<b>FOLSOM</b>	<b>4:00 &amp; 6:30 PM</b>	
Sat	Feb. 7	CIF Section Duals	Rosemont	All Day	
Sat	Feb. 14	Delta River League Championship	Florin (EG)	All Day	
<b>Fri/Sat</b>	<b>Feb. 20/21</b>	<b>Div. I North Section Championship</b>	<b>FOLSOM</b>	<b>All Day</b>	
Thurs/Fri	Feb. 26/27	Sac Joaquin Masters Championship	U.O.P. Stockton	All Day	
Fri/Sat	Mar. 6/7	CIF State Championship	Bakersfield, CA	All Day	
Wed-Sun	Mar. 25-29	NHSCA National Championships	Virginia Beach, VA	All Day	

### 2008-2009 JUNIOR VARSITY SCHEDULE

Day	Date	Opponent	Place	Time	Results
<b>Tues</b>	<b>Nov. 25</b>	<b>Red/Blue Intrasquad</b>	<b>FOLSOM</b>	<b>5:00 PM</b>	
Sat	Dec. 6	John F. Kennedy Duals	Sacramento	All Day	
Sat	Dec. 13	Woodland Invitational	Woodland	All Day	
<b>Fri</b>	<b>Dec. 19</b>	<b>Jailbreak Duals</b>	<b>FOLSOM</b>	<b>All Day</b>	
<b>Wed</b>	<b>Jan 7</b>	<b>Vista Del Lago</b>	<b>FOLSOM</b>	<b>5:00 PM</b>	
Fri/Sat	Jan. 9/10	Lloyd C. Engel Tournament	Escalon	All Day	
Wed	Jan. 14	*Jesuit & Pleasant Grove*	Jesuit	4:00 & 6:30 PM	
Sat	Jan. 17	Mark Fuller Invitational	Lincoln	All Day	
Sat	Jan. 17	Foothill Frosh-Soph	Foothill	All Day	
Wed	Jan. 21	*Monterey Trail*	Monterey Trail (EG)	5:00 PM	
<b>Wed</b>	<b>Jan. 28</b>	<b>*Sheldon &amp; Florin*</b>	<b>FOLSOM</b>	<b>4:00 &amp; 6:30 PM</b>	
Sat	Jan. 31	Del Oro Invitational	Del Oro	All Day	
Sat	Feb. 14	Delta River League Championship	Florin (EG)	All Day	
Fri-Sun	Mar. 20-22	Frosh-Soph State	Fresno	All Day	

\* Denotes Delta River League Match – Weigh ins @ 4:00 for Dual Meets