

Folsom High School

3rd Annual Jailbreak Duals Dec. 19th/20th 2008

Folsom High School 1655 Iron Point Rd. Folsom CA 95630

Folsom High School Wrestling

J.V.
Duals on
Dec. 19th



Varsity
Duals on
Dec 20th

www.folsomwrestling.com

Awards to Top 4 teams, medals to undefeated wrestlers in both div.
Var- All tournament team selection based on individual records
JV – Medals for 5-0, 4-1, and 3-2 records

Coaches lunch provided both days, pancake breakfast for \$5 each day
Snack Bar will be available both days for parents, wrestlers, and fans

- Entry Fee - \$250.00 per team/per level by December 1, 275.00 after December 1
- Teams will have 5 duals (pools + round robin)
- Wrestling will be on 6 mats in one gym
- Var Weigh in at 7:00 Wrestling begins at 9:00
- JV Weigh in at 10:00 Wrestling begins at noon
- For more information contact Mike Collier at coachcollier@folsomwrestling.com or call at (530) 867-1910

Checks payable to Folsom High Wrestling

School: _____

Coach: _____

Email: _____

Phone Number: _____ \$250 \$250 \$450

We are planning on bringing (circle one) JV Varsity Both